

Tooele Tri SPRINT TRIATHLON

Saturday, June 25, 2022 @ 6:30 a.m.
Pratt Aquatic Center
(55 N. 200 W., Tooele, Utah)



RACE OVERVIEW

The Tooele Tri Sprint Triathlon is for athletes of all levels and features a run, bike, swim order.



5K RUN



**10 MILE
BIKE**



**400 YARD
SWIM**

The run route will be an out and back and will start with a mass start. The bike route features 3 loops that total 10 miles. Be sure to see the map and directions on page 3.

The Tooele Tri Sprint Triathlon is professionally timed by runnercard.com. The top three male and female finishers will be awarded trophies. The top three finishers in age categories for both male and female will also be awarded medals.

Tooele City
Est. 1853

Registration Information

The Tooele Tri Sprint Triathlon is open to 125 participants. There is a race fee of \$25. A race shirt will be included with the race fee if registered by May 30, 2022.

Register online at tooelecity.org. Registration will be open until June 20th at midnight or until slots are filled. Register today and start training!



Please contact Tooele City Events at terras@tooelecity.org or at (435)843-2142 if you have any questions.



Race Day Schedule

Saturday, June 25, 2022

5:30-6:00 a.m. Check-In

Racers need to check in at the Park Pavilion (260 West Vine Street).

Racers will receive a race bib along with safety pins. Please attach the bib number to the front of your shirt.

At this time you will be marked on your arm indicating your race number. During this time you will also need to rack your bike in the transition area. All the items that you will need for the race should be left in your space. This includes your bike, helmet, towel, swim cap, goggles, and water bottle. Be sure to leave yourself plenty of time to check in and prepare for the race.

6:15 a.m. Race Orientation

All racers must attend the orientation. Race directors will go over the rules, race route, and explain how the race will proceed.

6:30 a.m. Race Begins

The race will begin with a mass start on Vine Street.

Post Race and Awards

At the end of the race there will be snacks for race participants. Awards for the top finishers overall and for age groups will be awarded at approximately 8:30 a.m. Please note that the transition area will only be open to participants until ALL participants have completed the race.



Early Check-In

Friday, June 24, 2022

7:30 p.m.

Racers may check in the night before at the Aquatic Center park Pavilion (260 West Vine Street). Bib numbers and race swag will be given out, but body marking will need to be done upon arrival Saturday morning. Race director will be available to answer any questions about the race.

RULES AND PRECAUTIONS

Safety First:

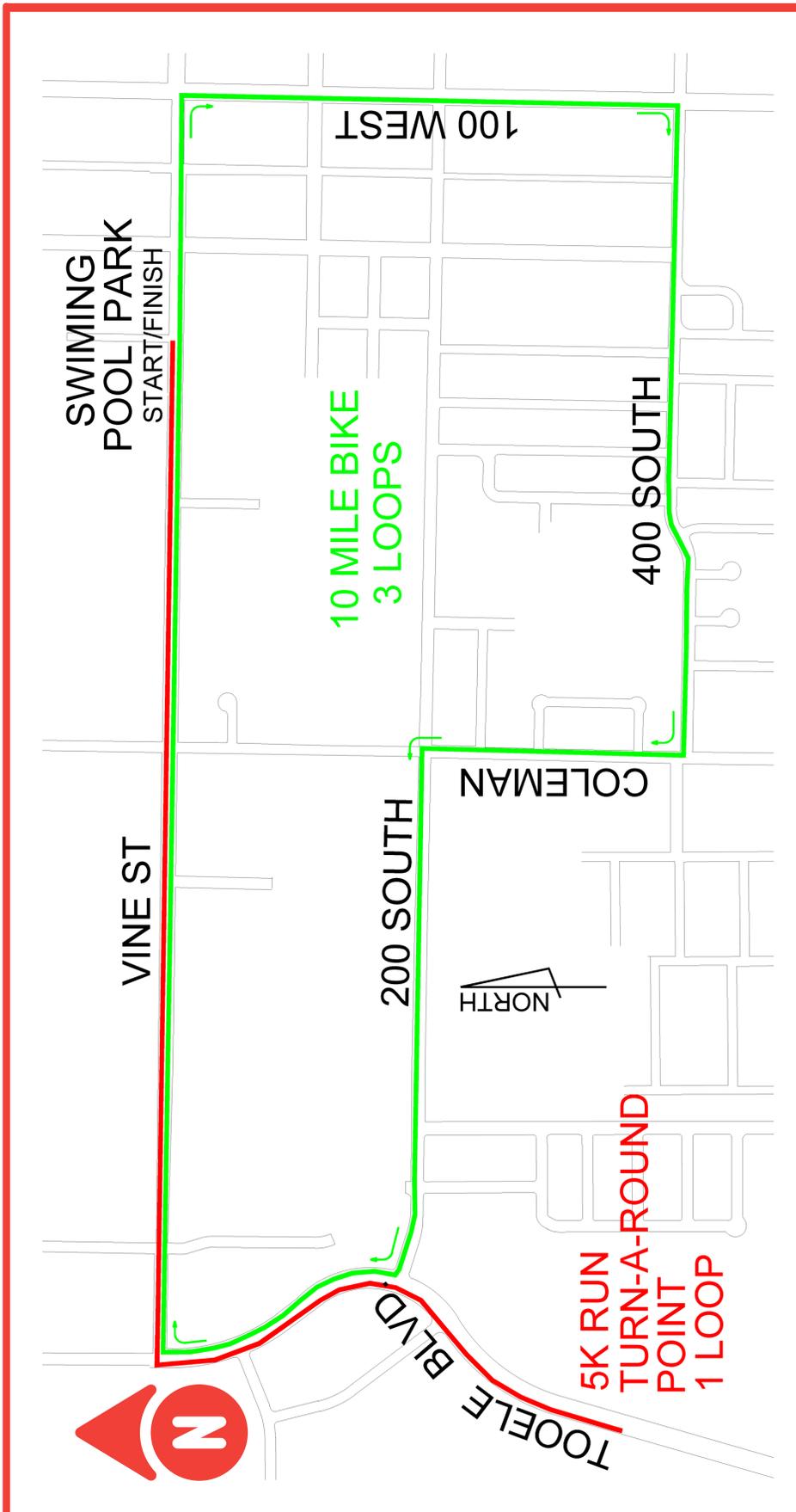
1. Bike helmets must be worn and buckled during the race portion of the event. violations.
2. When entering and exiting the transition area riders must walk their bikes. You should push your bike completely out of the transition area before mounting. Upon returning to the transition area you need to dismount your bike before entering.
3. Only participants are allowed in the transition area during the race.
4. Participants need to run and ride their bikes along the right side of the road, not down the middle. Traffic needs to be able to pass. Please obey all traffic laws.
5. The use of headphones, radios, and personal audio devices are strictly prohibited during the bike and run.
6. There will be a water station at the turn around point of the run. There will not be water stations on the bike route.
7. There is no running in the pool area.
8. Participants must enter the water feet first.
9. Participants can be disqualified for safety violations.

You Also Need to Know:

1. Swimming aids such as, but not limited to, snorkels or fins, are not allowed.
2. Participants must finish all three legs of the race to be eligible for trophies or medals.
3. Race registrations are non-transferable and non-refundable.
4. Please familiarize yourself with the race route well in advance of the race.
5. Please stay hydrated during the race. We encourage you to have water for your bike ride and in the transition area.
6. Event may be modified to meet safety and health guidelines at the time of the event.
7. We need volunteers! Please encourage friends and family to volunteer by emailing terras@tooelecity.org.

Tooele City is also sponsoring a Kids Triathlon for kids 6-12 that will be held on June 24, 2022. More information at tooelecity.org.

Tooele Tri Sprint Triathlon Race Route 2022



Run: All the participants will begin the race together in a mass start. Participants will run west on Vine Street. Turn left south on to Tooele Blvd. The turn around point is approximately at the south drive of the USU Science Building. Go around the cones and proceed back to the park on the same route and enter the transition area from the north entrance.

Bike: As participants leave the transition area he/she needs to have a helmet on and buckled. Please remember to walk the bike out of the transition area. Participants will turn left and travel east on Vine Street to 100 West. Turn right/south on 100 West. At 400 South turn right/west on 400 South. At Coleman turn right and travel north. At 200 South you will turn left and head west. At Tooele Blvd, turn right and head north. At Vine Street turn right and head east. Three laps of the bike route are required.

Swim Participants will enter the Pratt Aquatic Center through the back patio doors from the transaction area. (Please do not run in the pool.) Enter the pool feet first at the shallow end of lane 8. Swim down and back in the same lane. The switch to the next lane. This will be a total of 16 lengths (8 laps) which is 400 yards.

